

Newsletter

Issue 8/ APRIL2020



BUSY APRIL!

5 Apr	Sunday	Palm Sunday
9 Apr	Thursday	Maundy Thursday
9 Apr	Thursday	First day of Passover
10 Apr	Friday	Good Friday
11 Apr	Saturday	Holy Saturday
12 Apr	Sunday	Easter Sunday
13 Apr	Monday	Easter Monday
13 Apr	Monday	Easter Monday
16 Apr	Thursday	Last day of Passover
17 Apr	Friday	Orthodox Good Friday
18 Apr	Saturday	Orthodox Holy Saturday
19 Apr	Sunday	Orthodox Easter
20 Apr	Monday	Orthodox Easter Monday
21 Apr	Tuesday	Yom HaShoah
22 Apr	Wednesday	Stephen Lawrence Day
23 Apr	Thursday	St. George's Day
23 Apr	Thursday	Shakespeare Day
24 Apr	Friday	Ramadan Start
29 Apr	Wednesday	Yom HaAtzmaut

How diverse is our country that we can share and celebrate all festivals, cultural traditions and historical events!



Well done and THANK YOU to the CentrePeace Cafe kitchen team. We had an impromptu food hygiene inspection in February 2020 and maintained our score on the door of 5 😊 😄 ❤️

What's it like to work in the community café?

"It's nice to see the café so popular and busy. The work can be full on and definitely needs volunteers with experience"

"To see the progression of some of our volunteers is rewarding"

2020 DATES:

MONDAY
WORKSHOPS

- OCCUPATIONAL PROFILING
- TRANSFERABLE SKILLS & CV CREATION

COMING AGAIN
IN MAY 2020

MOSIAC WORKSHOPS

WED/FRI

NATURAL HEALING

Available in rotation: Listening, Communication, Understanding and Managing Stress, Understanding and Managing Anxiety

Tapestry of life



Von and Matt, have been volunteering and supporting CentrePeace since its launch back in 2013. Von has adjusted to many debilitating health conditions, some originating from her childhood, and others developing over time. Imagine what would keep you in bed and then double it! Quadruple it! Try open heart surgery, or chemo for lung cancer, or painful arthritis and fibromyalgia. Despite these conditions, Von celebrates over seven years of loyalty to the CentrePeace café and shop. Matt, gave up his full-time work as an electrician to care for Von, and he also works in the café offering experience and dedication to the charity.

Even their children, Eloise and Nathaniel have joined in helping out at events (summer fayres), posting awareness flyers (cyber-bullying) and contributing touching poetry to remember the men who fell for our freedom. Eloise even gained a Civic Award when ten-year-old.

Giving back to the community is important for both Von and Matt: prior to volunteering, Von managed catering outlets including the well-known Igloo Ice Cream Parlour in Paignton. What keeps them coming to CentrePeace?

"It's the whole place – it's like a little family here and it gives you a reason to get out of bed"

"If I'm having a bad day, it doesn't matter – people don't judge"

"It's lovely to see the same customers visiting the café since it first started back in late 2013"

The first of April some do say,

Is set apart for All Fools' Day;

But why the people call it so

Nor I, nor they themselves, do know...

18th century folk rhyme

Laughter – the best
medicine



Monthly riddle:

Why shouldn't you tell an Easter egg a joke?